

-Artists League of the Sandhills

Palette Talk

V. 32 No. 5 May 2026

artistleague@windstream.net www.artistleague.org 910.944.3979 129 Exchange St. / P.O. Box 460 Aberdeen, NC 28315

Eclectic

Featuring the art of Lynn Goldhammer,
Carol Gradwohl, Pam Griner, Janis Loehr,
Meredith Markfield, Tommy McDonell,
Jane Mohr, Carol Rosenberg,
Debbie Whitley, and Jude Winkley

Opening Reception
Friday, May 1
5:00-7:00



New Arrival (24 x 36) by Jane Mohr
Shared Solitude (24 x 48) by Carol Rosenberg
Late Autumn (9 x 12) by Janis Loehr

Coming in June...

Excellence in Art
Annual Judged Exhibit
Featuring the Art of
ALL MEMBERS
of the League

Opening Reception
Friday, June 5, 2026
5:00-7:00 pm

Coming in August...

Small Wonders
An Exhibition of Small
and Miniature Paintings.
(Full Members)

Opening Reception
Friday, August 7, 2026
5:00-7:00 pm

Open Studio –Still Life

Tuesday, May 5

1:00-3:00

Come and join your fellow artists for a fun afternoon of painting a still life using the medium of your choice. Bring your own supplies and let's have some fun painting alla prima!

NOON MUSE with Harry Neely

Signing Your Art

Wednesday, May 20 – 12:30-1:00

It's surprising the sense of creation and ownership that accompanies the act of signing your art. It feels fulfilling. It is something you have created. It feels like an exclamation of: "I did this!"

Critique

Friday, May 15 - 10:00 AM

Bring one or two of your paintings, drawings, or other two dimensional works for discussion or just come to listen and learn. We will meet on the third Friday of the month in the large classroom beginning at 10 am. If you have questions, please call Linda Bruening at 910-684-8407.

WELCOME

NEW MEMBER(S)

*Pascale Decaudin
Blaine Hall*



BRAVO!

League member **NANCY BERLINER** has been selected as the **2026 Artist of the Year** by the Sanford Brush & Palette Club. You are invited to a reception in Nancy's honor:

Saturday, May 9, 1:00-4:00

Brick City Gallery

Mann Center for the Arts, Suite 211
507 N. Steel St., Sanford, NC

PLEIN AIR PAINTERS – 4TH FRIDAY,

May 22

Near High Octane 4:00-6:00

Happy Birthday!

May

Jude Winkley	1
Janet Burdick	4
Janet Garber	5
Heather Vandersloot	7
Bonnie Dougherty	11
Linda Ison	12
Meredith Markfield	12
Maggie Langley	16
Jim Babee	19
Jane Mohr	25

Send me your birthdate to be added.

LIFE DRAWING SESSIONS

Tuesday, May 5 – 10:00-12:00

Tuesday, July 7 – 10:00-12:00

Tuesday, August 4 – 10:00-12:00

Whether you are an experienced artist or just starting out, these life drawing sessions offer a relaxed and supportive environment to practice your figure drawing skills with a live clothed model.

Please bring your own preferred drawing materials.

The League will provide easels.

Cost is \$20 CASH per person per session (to pay the model). Registration would be appreciated. We look forward to seeing you there!

Mini Art Classes Bring Creative Energy to Aberdeen's Art Week

During Aberdeen's vibrant art week, creativity is taking center stage through a series of mini art classes designed for all ages and experience levels. These short, hands-on sessions invite visitors to step into the world of art, even if only for an hour or two at the *Artists League of the Sandhills*, *Aberdeen Library*, *Railhouse Brewery*, and *High Octane*. Participants can register for one creative experience or immerse themselves in multiple classes. Payment due at registration – supplies are included for all classes. On Friday, please join us at the Food Truck parked at High Octane and enjoy some live music by Naomi Grace at 5:30!

Monday, May 18

Artists League - 10:00-12:00 - **Acrylic Pouring** (adult)- Meredith Markfield - \$20.00

Artists League - 1:00-3:00 - **Watercolor Follow the Leader** (adult)- Jean Smyth - \$20.00

Tuesday, May 19

Artists League - 10:00-12:00 – **Intuitive Abstract** (adult) - Carol Gradwohl - \$20.00

Artists League - 1:00-3:00 - **Block Print** (adult)- Lynn Goldhammer - \$20.00

Aberdeen Library - 4:00-6:00 (drop in) - **Paper Weaving** (family) Free

Wednesday, May 20

Artists League – 10:00-12:00 - **Alcohol Ink** (adult)- Pam Griner - \$20.00

Artists League – 12:30-1:00 - **Signing Your Art** (adult) - Noon Muse with Harry Neely - Free

Thursday, May 21

Artists League - 10:00-2:00 - **Painted Aprons** (adult) - Kathy Leuck - \$40

Railhouse Brewery - 3:00-7:00 - **Paint an Engine** (kids) – Free (no registration required)

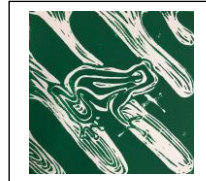
Friday, May 22

Artists League - 10:00-12:00 - **Acrylic Follow the Leader** (adult) - Beth Ybarra - \$20.00

High Octane - 4:00-7:00 - **Super Hero Paintings** (kids) – Free (no registration required)

High Octane – 4:00-8:00 – House of Odell & Luella Food Truck & live music by Naomi Grace at 5:30.

To register for classes at the Artists League – call 910-944-3979 or email artistleague@windstream.net



This project is supported by the Arts Council of Moore County and the North Carolina Arts Council, a division of the Department of Natural & Cultural Resources.



Classes - 2026

ALL MEDIA

Explore Abstraction - Oil, Acrylic, Pastel, Watercolor, Mixed Media - Linda Bruening

Wednesday and Thursday, May 6, 7, 9:30-3:30 \$96/\$108/\$120

Google's definition of abstract art is "art that does not attempt to represent an accurate depiction of a visual reality". This class will discuss the history of the Abstract Art movements, explore the techniques and styles developed, and explore the expressive use of shapes, lines, colors and textures used to create an abstract artwork. You will work on a series of abstract exercises before creating your own abstract paintings. Students furnish their own supplies. All levels. (1 hour lunch)

COLORED PENCIL AND PASTELS

TNCS Thumbnails and Color Studies: how to save money and frustration with your pastel journey!

Deborah Brown - Wednesday & Thursday, May 13, 14, 9:30-12:30 \$58/\$65/\$72

TNCS: Thumbnails Colour Studies*. These are pastel artists' best friends, as utilizing the discipline of slowing down to Plan, Discern, Decide and Proceed, can save hours of wasted time on compositions that don't work, and ideas that we don't really love! During this two day class, we will work from photo references and life to create a series of black and white thumb nails, value, and color studies of a landscape scene and a floral. We will evaluate the merits of each, then decide why we would want to develop a particular design. Each participant will have hands on experience with the process: how to find the most important 5-7 shapes in any given composition, how to crop for a more dynamic composition, how to plan and execute a composition using a variety of palettes, and how to proceed with a painterly rendering. Intermediate

OTHER MEDIUMS

Tapestry Weaving - Connie Genuardi - Monday & Tuesday, May 11, 12, 10:30-3:30 \$92/\$103/\$114

Create a beautiful landscape, seascape or abstract tapestry which can later be framed! In this 2 day class students will sketch their design on paper, transfer it to the loom and start weaving. Frame looms, yarns, fabrics, sari silks & small beads will be supplied. Beginner (30 minute lunch).

Intro to Encaustic Wax - Pam Griner - Tuesday, May 26, 1:00-3:00 \$29/\$32/\$34

This will be a very basic class just to familiarize students with the medium. We will explore several different techniques and tools for creating beautiful art using hot wax. The wax can be used alone, over other mediums, or on various substrates. Beginner (supplies included) [Full-Wait List](#)

Intro to Encaustic Wax - Pam Griner - Wednesday, May 27, 1:00-3:00 \$29/\$32/\$34

This will be a very basic class just to familiarize students with the medium. We will explore several different techniques and tools for creating beautiful art using hot wax. The wax can be used alone, over other mediums, or on various substrates. Beginner (supplies included)

2026 Workshop

The League is subsidizing some of the workshop costs in order to bring in quality instructors at an affordable cost to our students.

Watercolor with Confidence: Layers and Light

Laura Poss

September 14-15, 2026, 10:00-4:30

Discover the joy of watercolor in this two-day workshop with North Carolina artist Laura Poss. This workshop is open to students of varying experience levels, though a basic familiarity with watercolor is recommended. We will cover the essentials of professional materials, creating luminous washes, building strong compositions, and using brushwork to capture both detail and atmosphere. Along the way, we will also look at strategies for mixing and using color effectively. Each day includes demonstrations, step-by-step instruction, and plenty of painting time as you explore the balance between control and spontaneity, the heart of watercolor. Students will leave with a stronger grasp of layering, color choices, and problem-solving on paper, as well as greater confidence in their own creative process. Bring your curiosity, your questions, and your brushes. This workshop is about learning, experimenting, and enjoying the expressive possibilities of watercolor! Experienced beginner.

Full Members \$225 – Associate Members \$250 – Non Members \$270



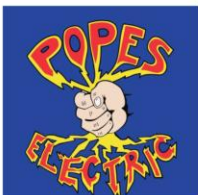
Thank you to our sponsors for contributing to the success of our 31st Annual Fall Show and Sale



Kathy Petz Fine Art



ABERDEEN CARPET and FLOORING CENTER



Art by Meredith
David & Meredith Markfield



Private Donors

- Buck and Sally Adams
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- KC Sorvari
- Debbie Whitley
- John & Jo Williams
- Rich and Jude Winkley



PET PORTRAITS FOR LIFE!
Bob & Bonnie Dougherty





May 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Eclectic Opening Reception 5:00-7:00	2
3	4 Education 10:00	5 Life Drawing 10:00-12:00 Still Life 1:00-3:00	6 Explore Abstraction Bruening 9:30-3:30	7 Explore Abstraction Bruening 9:30-3:30	8	9
10	11 Tapestry Genuardi 10:30-3:30 Board 11:00	12 Tapestry Genuardi 10:30-3:30	13 Pastel Brown 9:30-12:30	14 Pastel Brown 9:30-12:30	15 Critique 10:00	16
17 Aberdeen Art Week 18-22	18 Acrylic Pouring 10:00-12:00 Watercolor FTL 1:00-3:00	19 Intuitive Abstract 10:00-12:00 Block Print 1:00-3:00	20 Alcohol Ink 10:00-12:00 NOON MUSE 12:30	21 Painted Aprons Leuck 10:00-2:00	22 Acrylic Follow the Leader 10:00-12:00	23
24	25 Closed  MEMORIAL DAY	26 Encaustic Wax Griner 1:00-3:00	27 Encaustic Wax Griner 1:00-3:00	28 May Exhibit Ends	29 June Show Receiving 10:30-12:00 12:30-2:00	30